

FROZEN FOOD CATALOGUE



makro

သင့်အကျိုးစီးပွားအတွက် မိတ်ဆွေကောင်း

MAKRO is a wholesaler of various bulk frozen food items that meet the needs of professional customers and end consumers. We have been developing frozen food products continuously over the years in terms of packaging quality, safety and price. The progress also includes introductions of new production technologies, so that our products will meet all of consumers' needs in every way.

Frozen food products are modern solutions to help restaurateurs reduce food costs and perishability and to guarantee the consistency of quality in every dish. Restaurant operators can be certain that frozen food products are truly safe, clean, fresh and full of quality.

The freezing process is a certified process to retain freshness and nutritional values. It begins with initial processes such as washing, selecting, dressing or weighing. The items' temperatures are quickly lowered until the core temperature reaches -18 OC. Afterwards, they are placed in a temperature controlled room at -20 OC to -25 OC to retain nutritional values, stun bacterial growth and prolong their shelf-life. The freezing process is also controlled under the GMP and HACCP practices to ensure that their qualities will meet the international standard.

WHAT IS FROZEN FOOD ?



PRESERVATION BY USING COLDNESS

Coldness will stun bacterial growth which is the cause of food decay, helping to retain freshness and prolong their shelf-life.



FROZEN = -18 OC

This is the standard freezing temperature. The freezing takes place right at the core of the product, so no single micro-organism can grow in there.



VALUE = FRESH FOOD

As the freezing process involves no heat, nutritional values are still very much intact.



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As the freezing process involves no heat, nutritional values are still very much intact.

POULTRY

Chicken

1

Duck

2

Turkey

2

MARNIATED POULTRY

Chicken

3

PORK

Pork

4

MARNIATED PORK

Pork Marinated

5

BEEF

Beef

7

LAMB

Lamb

11

FISH & SEAFOOD

Fish

12

Shrimp & Prawn

Squid

Octopus

Crab

Clam & Oyster

Eelr

Fish Roe



VEGETABLES



15

Mushroom

Root & Vegetable

Peas & Grains

Mixed Vegetables



FRUITS & PUREE

16

Strawberry

Blue Berry



Raspberry

Black Berry

Mixed Berries

Apricot

Kiwi

Mango Puree



PROCESSED FOOD (READY TO COOK)

17

French Fries

Processed Meat

Imitation Food & Dim sum



CHEESE & DAIRY

23

Cheese

Butter

Cream





REFRIGERATED FOOD VS FROZEN FOOD

THE DIFFERENCE



Most people tend to regard frozen food with negativity and fatality to health. But in fact, freezing is one of the effective methods in preservation that maintains the food's quality and flavor without any harm – meaning it requires to be processed hygienically and correctly in freezing, defrosting and cooking. Refrigerated food is also regarded as well-preserved, however, with a much shorter shelf-life. So, the choice is yours to select what best suits your lifestyles.

FROZEN FOOD

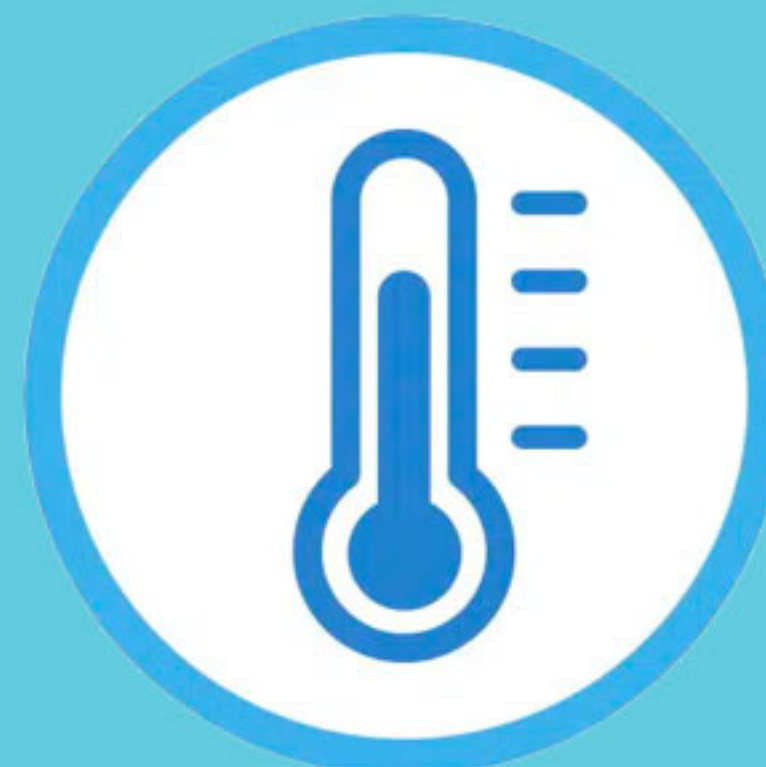
VS

REFRIGERATED FOOD

STORING
TEMPERATURE

AT -18°C

IT IS IMPENETRABLE BY ANY
BACTERIA.



AT $0-5^{\circ}\text{C}$

IT HELPS PREVENT COMMON
BACTERIAL GROWTH.

SHELF-LIFE

6 MONTHS – 2 YEARS

FLAVORS AND NUTRITIONAL
VALUES CAN BE RETAINED
FOR A LONGER TIME.



LESS THAN 3 DAYS

REFRIGERATED FOOD ITEMS
SHOULD BE COOKED IMMEDIATELY
OR CONSUMED WITHIN 3 DAYS.

BENEFITS

“IT MAINTAINS OPTIMUM
FLAVOR AND NUTRITIONAL
VALUES.”



“ NUTRITIONAL VALUES
DEPEND ON WHETHER
THE FOOD IS STORED ACCORDING
TO ITS IDEAL TIME.”

POULTRY

Chicken

page
1



ARO FROZEN CHICKEN WHOLE WING
506241 2 kg/pack
506242 6 packs/carton

1



ARO FROZEN CHICKEN MIDDLE WING
506244 2 kg/pack
506245 6 packs/carton

2



ARO FROZEN CHICKEN DRUMETTE
506248 2 kg/pack
506249 6 packs/carton

3



ARO FROZEN CHICKEN THIGH
506251 2 kg/pack
506379 6 packs/carton

4



ARO FROZEN CHICKEN DRUMSTICK
506254 2 kg/pack
506255 6 packs/carton

5



ARO FROZEN CHICKEN BONE IN LEG
506257 2 kg/pack
506258 6 packs/carton

6



ARO FROZEN CHICKEN BONELESS LEG
506260 2 kg/pack
506261 6 packs/carton

7



ARO FROZEN CHICKEN BONELESS BREAST
506263 2 kg/pack
506264 6 packs/carton

8



FROZEN CHICKEN SKINLESS BONELESS BREAST
506281 2 kg/pack
506282 6 packs/carton

9

POPULTRY Chicken

page
2



10

ARO FROZEN CHICKEN SKINLESS BONELESS BREAST SLICE

506284 2 kg/pack
506285 6 packs/carton



11

FROZEN CHICKEN FEET

509959 1 kg/pack
509960 12 packs/carton



12

FROZEN BLACK CHICKEN

513699 weight item

Duck



1

DUCK KING FROZEN WHOLE DUCK

211749 Median size (M)
508734 Large size (L)



2

DUCK KING FROZEN DUCK BONELESS BREAST

409183 1 kg/pack
403439 12 packs/carton



3

DUCK KING FROZEN DUCK UNDER MOUTH

409184 1 kg/pack
403441 12 packs/carton



4

DUCK KING FROZEN DUCK FEET

409188 1 kg/pack
403449 12 packs/carton



5

DUCK KING FROZEN DUCK SLICE

409194 1 kg/pack
403463 12 packs/carton



6

DUCK KING FROZEN DUCK BONE IN LEG

506475 1 kg/pack
506476 12 packs/carton

Turkey



7

AUSTRALIA FROZEN IMPORTED TURKEY

519524 Small size (S)
519526 Median size (M)



MARNIATED POULTRY

Chicken Marniated



FROZEN CHICKEN CUT 9PC SPICY

506290 1 pc/pack
506291 12 packs/carton

1



FROZEN CHICKEN SKINLESS BONELESS BREAST SLICE BLACK PEPPER

506302 1 kg/pack
506303 12 packs/carton

2



FROZEN CHICKEN SKINLESS BONELESS BREAST SLICE MALA

506305 1 kg/pack
506306 12 packs/carton

3



FROZEN DRUMETTE BBQ

506308 1 kg/pack
506309 12 packs/carton

4



FROZEN DRUMETTE NEWORLEAN

506311 1 kg/pack
506312 12 packs/carton

5



FROZEN CHICKEN THIGH BONELESS SPICY

506317 1 kg/pack
506318 12 packs/carton

6



FROZEN CHICKEN LEG BONEIN SPICY

506320 1 kg/pack
506321 12 packs/carton

7



FROZEN CHICKEN STEAK BLACK PEPPER

506471 250 g/pack
506472 50 packs/carton

8



FROZEN CHICKEN SKEWER ORIGINAL

513608 20 pc/pack
513609 12 packs/carton

9



10

FROZEN CHICKEN SKEWER SPICY
513611 20 pc/pack
513612 12 packs/carton



11

FROZEN CHICKEN MID WING NEWORLEAN
514388 1 kg/pack
514587 12 packs/carton



12

FROZEN CHICKEN PATTIES (20PCS)
514391 1 kg/pack
514534 12 packs/carton



13

FROZEN CHICKEN SATAY 1KG
518509 1 kg/pack
518510 12 packs/carton

PORK

Pork



1

FROZEN PORK FORE LEG
509947 10 kg
509948 10 kg up
510415 cut



2

FROZEN PORK HIND LEG
509950 kg
509951 10 kg up
510416 cut



3

FROZEN PORK BELLY ROLL
506452 kg
506453 10 kg up
506455 slice store



4

FROZEN PORK COLLAR ROLL
506456 kg
506457 10 kg up
506459 slice store



5

FROZEN PORK BELLY SHABU
512352 250 g/ 2 pack
512353 20 packs/carton



6

FROZEN PORK COLLAR SHABU
512355 250 g/ 2 pack
512356 20 packs/carton



7

FROZEN PORK LOIN SHABU
512358 250 g/pack
512359 20 packs/carton



8

FROZEN PORK BELLY SLICED ROLL
514958 500 g/pack
514959 15 packs/carton



9

FROZEN PORK COLLAR SLICE
506410 1 kg/pack
506411 15 packs/carton

PORK

page
5



10

FROZEN PORK BELLY SLICE

506413 1 kg/pack
506414 15 packs/carton



11

FROZEN PORK BACON SLICE

506416 1 kg/pack
506417 15 packs/carton



12

FROZEN PORK COLLAR SHABU 1KG*1

506425 1 kg/pack
506426 15 packs/carton



13

FROZEN PORK BELLY SHABU 1KG*1

506428 1 kg/pack
506429 15 packs/carton



14

FROZEN PORK BELLYROLL SHABU

506431 1 kg/pack
506432 15 packs/carton



15

FROZEN PORK LOIN SHABU 1KG*1

506434 1 kg/pack
506435 15 packs/carton

PORK MARNIATED



1

FROZEN PORK SLICE SESAME

506437 1 kg/pack
506438 15 packs/carton



2

FROZEN PORK SLICE BLACK PEPPER

506440 1 kg/pack
506441 15 packs/carton



3

FROZEN PORK SLICE MALA

506446 1 kg/pack
506447 15 packs/carton



FROZEN PORK MINCE MARINATED
506449 1 kg/pack
506450 15 packs/carton

4



FROZEN PORK SKEWER ORIGINAL
513626 20 pcs/pack
513627 15 packs/carton

5



FROZEN PORK SKEWER SPICY
513629 20 pcs/pack
513630 15 packs/carton

6



FROZEN PORK LOIN STEAK SPICY
514385 250 g/pack
514533 50 packs/carton

7



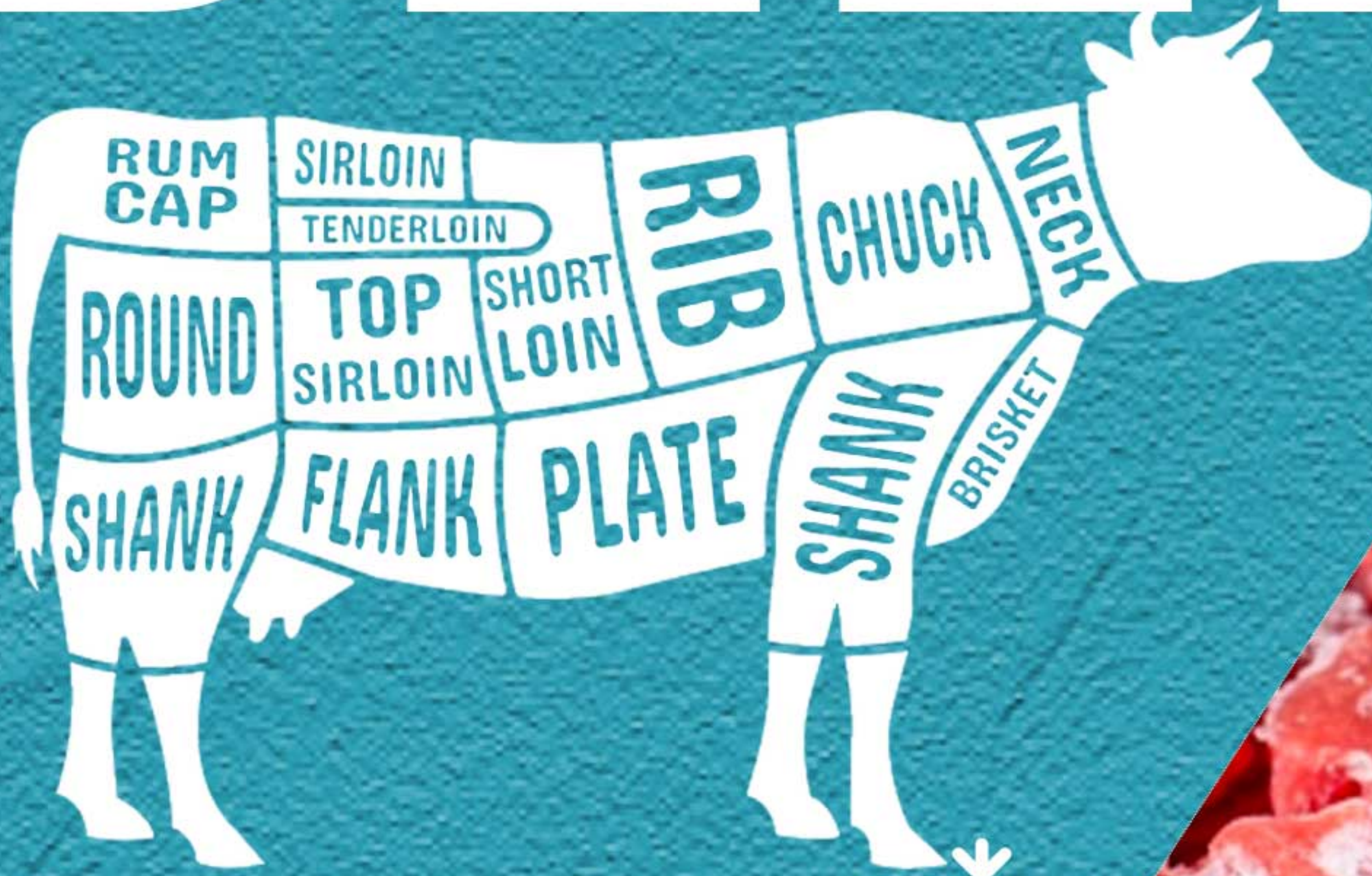
FROZEN PORK SATAY
518512 1 kg/pack
518513 15 packs/carton

8



BEEF

page
7



HIGH QUALITY LOCAL MYANMAR BEEF



1



MYANMAR FROZEN BEEF TENDERLOIN STEAK

514948 200 g/pack
514949 10 packs/carton

2



MYANMAR FROZEN BEEF STRIPLOIN STEAK

513784 200 g/pack
513785 10 packs/carton

3



MYANMAR FROZEN BEEF ROUND SLICE

513786 500 g/pack
513787 10 packs/carton

4



MYANMAR FROZEN BEEF BRISKET SLICE

513788 500 g/pack
513789 10 packs/carton

5



MYANMAR FROZEN BEEF CHUCK SLICE

513782 500 g/pack
513783 10 packs/carton

6



**MYANMAR FROZEN BEEF SHORT PLATE
STIR-FRY CUT**

513790 300 g/pack
513791 10 packs/carton

7



MYANMAR FROZEN BEEF HUMP YAKINIKU

514945 200 g/pack
514946 10 packs/carton

8



**MYANMAR FROZEN BEEF TONGUE
YAKINIKU**

519018 250 g/pack
519019 10 packs/carton

9



MYANMAR FROZEN BEEF BURGER PATTY

513792 300 g/pack
513793 10 packs/carton



10

28-DAYS AGED MYANMAR FROZEN
BEEF RUMP STEAK 250G

519009 250 g/pack
519010 10 packs/carton



11

28-DAYS AGED MYANMAR FROZEN
BEEF RUMP DICE STEAK

519012 300 g/pack
519013 10 packs/carton



12

28-DAYS AGED MYANMAR FROZEN BEEF
CHUCK ROLL SLICE

519015 500 g/pack
519016 10 packs/carton



13

SEASONAL ITEM

MYANMAR FROZEN BEEF ROUND SLICE &
CHUCK SLICE

515312 500 g/pack
515313 5 packs/carton



14

SEASONAL ITEM

MYANMAR FROZEN BEEF ROUND SLICE &
BRISKET SLICE

515309 500 g/pack
515310 5 packs/carton

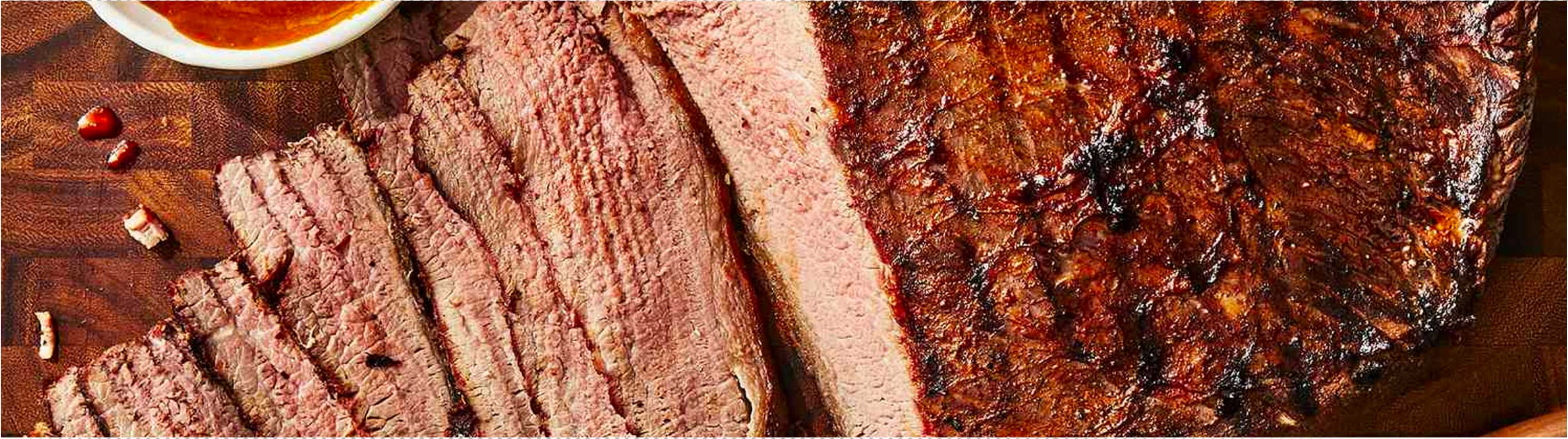


15

SEASONAL ITEM

MYANMAR FROZEN BEEF STRIPLOIN STEAK
& TENDERLOIN STEAK 200G 2PC*1

515306 200 g par 2 pcs /pack
515307 5 packs/carton



16

28-DAYS AGED MYANMAR FROZEN
BEEF CHUCK EYE ROLL

519558 per kg



17

28-DAYS AGED MYANMAR FROZEN
BEEF STRIPLOIN

519550 per kg



18

28-DAYS AGED MYANMAR FROZEN
BEEF RIBEYE

519552 per kg



19

28-DAYS AGED MYANMAR FROZEN BEEF
RUMP

519554 per kg



20

28-DAYS AGED MYANMAR FROZEN
BEEF CHUCK TENDER

519556 per kg



21

28-DAYS AGED MYANMAR FROZEN
BEEF OUTSIDE ROUND

520569 per kg



22

28-DAYS AGED MYANMAR FROZEN
BEEF CHUCK ROLL
519560 per kg



23

28-DAYS AGED MYANMAR FROZEN BEEF LANK
519562 per kg



24

28-DAYS AGED MYANMAR FROZEN
BEEF TOP BLADE
519564 per kg



25

28-DAYS AGED MYANMAR FROZEN
BEEF TOP ROUND
519566 per kg

AUSTRALIA BEEF

IMPORTED AUSTRALIA BEEF



1

AUSTRALIA FROZEN A BEEF
STRIPLOIN STEAK
514951 250 g/pack
514952 10 packs/carton



2

AUSTRALIA FROZEN BEEF RIB-EYE STEAK
513564 250 g/pack
513565 10 packs/carton



3

AUSTRALIA FROZEN BEEF TENDERLOIN
STEAK
513566 200 g/pack
513567 10 packs/carton



4

AUSTRALIA FROZEN BEEF BRISKET SLICE
523251 300 g/pack
523252 10 packs/carton



5

AUSTRALIA FROZEN BEEF PRIME BEEF
RIB-EYE SLICE
523254 300 g/pack
523255 10 packs/carton



6

AUSTRALIA FROZEN BEEF MINCED
523240 300 g/pack
523241 10 packs/carton



7

AUSTRALIA FROZEN BEEF STRIPLOIN KG.
111256 per kg



8

AUSTRALIA FROZEN BEEF RIB-EYE KG.
111258 per kg



9

AUSTRALIA FROZEN BEEF TENDERLOIN
506397 per kg



10

AUSTRALIA FROZEN BEEF BRISKET
NAVEL-END
516029 per kg



11

AUSTRALIA FROZEN BEEF OYSTERBLADE
519531 per kg



12

AUSTRALIA FROZEN BEEF OVEN
PREPARED RIBS
516031 per kg



13

AUSTRALIA FROZEN BEEF SHORT RIBS
519529 per kg



14

AUSTRALIA FROZEN BEEF
TENDERLOIN YG GRAIN-FED
516037 per kg



15

AUSTRALIA FROZEN ANGUS BEEF
STRIPLOIN BMS4
516039 per kg



16

AUSTRALIA FROZEN ANGUS BEEF RIB
EYE BMS4
516043 per kg



17

AUSTRALIA FROZEN ANGUS BEEF
TENDERLOIN BMS4
516041 per kg



18

AUSTRALIA FROZEN ANGUS BEEF
SHORTPLATE or BRISKET NAVEL-END
522249 per kg



19

AUSTRALIA FROZEN WAGYU BEEF
D-RUMP BMS4-5
516907 per kg



LAMB



page
11



1

AUSTRALIA FROZEN LAMB RACK FRENCH CUT

513572 2pcs - 240g/ pack
513573 10 packs/ carton



2

AUSTRALIA FROZEN LAMB CFO CUT

513574 2pcs - 260g/ pack
513575 10 packs/ carton



3

AUSTRALIA FROZEN LAMB SHOULDER BONELESS SLICED

513576 300g/ pack
513577 10 packs/ carton



4

AUSTRALIA FROZEN LAMB BONELESS LEG SLICE

514417 300 g/pack
514541 10 packs/carton



5

AUSTRALIA FROZEN LAMB MINCED

513257 300g/ pack
513258 10 packs/ carton



6

AUSTRALIA FROZEN LAMB SHOULDER-BONELESS - NETTED

111259 per kg



7

AUSTRALIA FROZEN LAMB LEG BONELESS NETTED

506392 per kg



8

AUSTRALIA FROZEN LAMB RACK CFO

506385 per kg



9

AUSTRALIA FROZEN LAMB RACK FRENCH CAP-OFF

506382 per kg



10

AUSTRALIA FROZEN LAMB RACK FRENCH CAP-ON

520970 per kg



11

AUSTRALIA FROZEN LAMB FORE SHANK

519532 per kg



FISH & SEAFOOD



ARO FROZEN TUNA SAKU_L

108968 kg
108214 5 kg up

1



FROZEN BOILED OCTOPUS (TAKO)

108483 kg
103271 10 kg up

2



SAVEPAK FROZEN CPD TO SHRIMP

155708 85-100/ pack
155709 10 pack/ carton

3



FROZEN SQUID RING SKIN OFF

506070 1 kg/ pack
506072 10 pack/ carton

4



SAVEPACK FROZEN PDTO SHRIMP

155674 48-54/ pack
155675 10 pack/ carton

5



SANFORD FROZEN HALF SHELL NZ MUSSEL_M

209314 pack
209316 10 pack/ carton

6



FROZEN NORWAY SABAWHOLE ROUND

506080 2-4s 1 kg/ pack

7



AUSTRALIA FROZEN LAMB CFO CUT

509073 50-60 pcs 1 kg/ pack
509701 10 pack/ carton

8



FROZEN SCALLOP HALF SHELL

513838 20 - 21pcs 1kg/ pack
513840 10 pack/ carton

9



10

FROZEN UNAGI

513841 145g/ pack
513843 20 pack/ carton



11

FROZEN UNAGI

513844 220g/ pack
513846 20 pack/ carton



12

FROZEN BLACK MUSSEL

513847 30-31 pcs 1kg/ pack
513849 10 pack/ carton



13

FROZEN WHITE CLAM

513860 1kg/ pack
513862 10 pack/ carton



14

FROZEN SPANNER CRAB

513854 100-200g 1kg/ pack
513856 10 pack/ carton



15

FROZEN MANILA CLAM

513857 1kg/ pack
513859 10 pack/ carton



16

FROZEN COOK BABY OCTOPUS

513873 1kg/ pack
513875 10 pack/ carton



17

FROZEN CRAB CLAW MEAT 500GX1

518818 500 g/ pack
518820 20 pack/ carton



18

FROZEN CRAB BREAST MEAT

518814 500 g/ pack
518816 20 pack/ carton



19

FROZEN PANGASH FILLET RED MEAT OFF

509081 300 g/ pack
509083 30 pack/ carton



20

FROZEN INDIAN MACKEREL

509086 5-7 pcs/ kg/ pack
509706 10 pack/ carton



21

FROZEN PANGUS FILLET

508999 250-300 g 1kg/ pack
509001 10 pack/ carton



22

FROZEN MIXED SEAFOOD 3WAY

509094 300 g/ pack
509710 30 pack/ carton



23

FROZEN MIXED SEAFOOD 3WAY

509096 1kg/ pack
509711 10 pack/ carton



24

FROZEN GOLDEN PRAWN

509102 300 g/ pack
509712 20 pack/ carton



25

FROZEN PANGASIUS FILLET

517775 2 kg/ pack
517774 5 pack/ carton



26

FROZEN WHITE SHRIMP PPD

508939 150-180/ kg/ pack
508941 10 pack/ carton



27

FROZEN GOLDEN PRAWN

509104 1 kg/ pack
509713 10 pack/ carton



28

FROZEN PANGASIUS DICED

522178 1kg/ pack
522180 10 pack/ carton



29

FROZEN PANGAS LOIN

522207 60-80g per Pc /1kg/ pack
522209 10 pack/ carton



30

FROZEN PANGASIUS STRIP CUT

519803 1kg/ pack
519805 10 pack/ carton



31

FROZEN CLAM MEAT

519646 1 kg/ pack
519648 10 pack/ carton



32

FROZEN SOFTSHELL CRAB

519374 8-12pcs 1 kg/ pack
519376 10 pack/ carton



33

BBQ FROZEN SQUID RING

515435 1 kg/ pack
515437 10 pack/ carton
515438 5 carton



34

BBQ FROZEN SQUID FLOWER

515439 1 kg/ pack
515441 10 pack/ carton
515442 5 carton



35

BBQ FROZEN SQUID DICED

515431 1 kg/ pack
515433 10 pack/ carton
515434 5 carton



36

BBQ FROZEN SQUID TENTACLE

517515 1 kg/ pack
517517 10 pack/ carton
517518 5 carton



FRUIT & VEGETABLE



ARO FROZEN RASPBERRY

127970 1 kg/pack
149246 10 packs/carton



ARO FROZEN BLACKBERRY

165020 1 kg/pack
164975 10 packs/carton



ARO FROZEN MIXED BERRIES

826024 1 kg/pack
826025 10 packs/carton



ARO FROZEN BLUEBERRY

180587 1 kg/pack
180586 10 packs/carton
802919 3 carton
802920 5 carton



ARO FROZEN STRAWBERRY

125456 1 kg/pack
137377 10 packs/carton
802935 3 carton
802936 5 carton



ARO MANGO NAMDOKMAI PUREE

821033 1 kg/pack
821034 10 packs/carton





7

ARO FROZEN SHITAKE MUSHROOM

153178 1kg/ pack
153177 10 pack/ carton



8

ARO FROZEN GREEN PEA

134972 1 kg/pack
137370 10 packs/carton
802929 3 carton
802930 5 carton



9

ARO FROZEN SLICED LOTUS ROOT

143703 1 kg/pack
143699 10 packs/carton
802872 3 carton
802879 5 carton



10

ARO FROZEN APRICOT

145387 1 kg/ pack
864267 10 pack/ carton



11

ARO FROZEN SWEET CORN KERNEL

851335 1 kg/pack
851336 10 packs/carton
854805 3 carton
854806 5 carton



12

ARO FROZEN MIXED VEGETABLE

125186 1 kg/pack
124406 10 packs/carton
802937 3 carton
802938 5 carton



13

ARO FROZEN GREEN SOYBEAN

226360 1 kg/ pack
226373 10 pack/ carton



PROCESSED FOOD

FRENCH FRIES



ARO FRENCH FRIES SHOESTRING 7MM

145097 2 kg/pack
145096 6 pack /carton
802876 3 carton
802877 5 carton



MCCAIN FROZEN STRAIGHT CUT 3/8

515380 2.27 kg/pack
515381 6 packs/carton



MCCAIN FROZEN HASHBROWN TRI

515383 2.27 kg/pack
515384 6 packs/carton



MCCAIN FROZEN SHOESTRING 1/4

515386 2.27 kg/pack
515387 6 packs/carton



MCCAIN FROZEN CRINKLE CUT

515389 2.27 kg/pack
515390 6 packs/carton



SAVEPAK FRENCH FRIES SHOESTRING 7MM

142919 2 kg/pack
142920 6 packs/carton
802941 3 carton
802942 5 carton



SAVEPAK FRENCH FRIES STRAIGHT CUD 10MM

142921 2 kg/pack
142922 6 packs/carton
802943 3 carton
802944 5 carton



SAVEPAK FRENCH FRIES SHRAIGHT CUD 12MM

204644 2 kg/pack
204646 6 packs/carton
802939 3 carton
802940 5 carton





9

ARO FROZEN SHRIMP WONTON

179429 360 g/ pack
179450 24 pack/ carton



10

ARO FROZEN CREAM BUN

176625 37 g/ pack
176626 6 pack/ carton



11

ARO MINCED PORK BUN

176621 37 g x 15 pcs/ pack
176622 6 pack/ carton



12

ARO FROZEN BBQ PORK BUN

176623 37 g x 15 pcs/ pack
176624 6 pack/ carton



13

ARO CHICKEN&SHRIMP SIUMAI

176637 70 pcs/ pack
176638 6 pack/ carton



14

ARO CHICKEN&CRAB SIUMAI

176627 70 pcs/ pack
176628 6 pack/ carton



15

ARO FROZEN PORK SIUMAI

176629 70 pcs/ pack
176636 6 pack/ carton



16

ARO FROZEN MANTOW

224314 50 g x 6 pcs/ pack
224315 12 pack/ carton



17

ARO FROZEN SHRIMP HAGAO

176738 70 pcs/ pack
176737 6 pack/ carton



18

ONE FROZEN PORK BABY BUN

507454 33 g x 20 pcs/ pack
515199 10 pack/ carton



19

ONE FROZEN MANTOU BABY BUN

507450 26 g x 20 pcs/ pack
515197 10 pack/ carton



20

ONE FROZEN CHICKEN BABY BUN

507452 33 g x 20 pcs/ pack
515198 10 pack/ carton



21

XI YANG YANG FROZEN DUMPLING PORK & LEEK

515934 480 g/ pack
515935 6 pack/ carton



22

XI YANG YANG FROZEN PORK BUN

515937 630 g x 6 pcs/ pack
515938 6 pack/ carton



23

K2M FROZEN CHICKEN GYOZA

520479 330 g x 15 pcs/ pack
520480 12 pack/ carton



24

K2M FROZEN PORK GYOZA

520482 330 g x 15 pcs/ pack
520483 12 pack/ carton



25

K2M FROZEN PRAWN GYOZA

520485 330 g x 15 pcs/ pack
520486 12 pack/ carton



26

COCOA FROZEN BAO SET

519200 300 g x 6 pcs/ pack
519201 12 pack/ carton



27

COCOA FROZEN PEACH BAO

519203 280 g x 6 pcs/ pack
519204 12 pack/ carton



28

COCOA FROZEN BBQ BAO

519212 280 g x 6 pcs/ pack
519213 12 pack/ carton



29

COCOA FROZEN MANTOU BAO

519215 290 g x 8 pcs/ pack
519216 12 pack/ carton



30

GOLDEN SEAFOOD FROZEN PORK DUMPLING

512587 552 g x 24 pcs/ pack
515277 18 pack/ carton



31

GOLDEN SEAFOOD FROZEN CHICKEN DUMPLING

512589 24 pcs/ pack
515278 18 pack/ carton



32

COCOA XIAO LONG BAO

519218 450 g x 15 pcs/ pack
519219 12 pack/ carton



33

PFP IMITATION CRAB STICK 7CM

403496 480 g/ pack
403497 20 pack/ carton



34

PFP FROZEN THAI FISH CAKE

507433 480 g/ pack
507434 20 pack/ carton



35

PFP FROZEN TOFU CHEESE

507436 500 g x 25 pcs/ pack
507437 20 pack/ carton



36

PFP FROZEN CHIKUWA

507439 480 g x 52 pcs/ pack
507440 18 pack/ carton



37

PFP FROZEN SALMON BALL

507447 480 g/ pack
507448 20 pack/ carton



38

CP FROZEN PORK MUSHROOM BALL

519814 24 pcs/ 1 kg/ pack
519815 15 pack/ carton



CB FROZEN FORTUNE COMBO 5IN1

512667 500 g/ pack
515234 24 pack/ carton



CB FROZEN SEA URCHIN BALL

512671 450 g/ pack
515235 24 pack/ carton



CB FROZEN PRAWN BALL FISH ROE

512659 500 g/ pack
515233 24 pack/ carton



OUN PHA FROZEN KAYAH PORK SAUSAGE

519037 360 g/ pack
519038 12 pack/ carton



OUN PHA FROZEN TAUNGGYI PORK SAUSAGE

519040 360 g/ pack
519041 12 pack/ carton



COCOA FROZEN PRAWN DIMSUM SET

519221 430 g/ pack
519222 12 pack/ carton



COCOA PRAWN MONEY BAG

519227 450 g x 15 pcs/ pack
519228 12 pack/ carton



COCOA HARGOW SHRIMP

519233 450 g x 15pcs/ pack
519234 12 pack/ carton



47

COCOA PRAWN SEAWEED

519236 430 g x 15 pcs/ pack
519237 12 pack/ carton



48

MEATBALLHOUSE FROZEN TARO PORK BALL

520800 40 pcs/ 1 kg/ pack
520801 10 pack/ carton



49

MEATBALLHOUSE FROZEN PORK MUSHROOM BALL

519806 40 pcs/ 1 kg/ pack
519807 10 pack/ carton



50

MEATBALLHOUSE FROZEN CHICKEN MUSHROOM BALL

520797 1 kg/ pack
520798 10 pack/ carton



51

MEATBALLHOUSE FROZEN SOUR&SPICY PORK BALL

520803 1 kg/ pack
520804 10 pack/ carton

PROCESSED MEAT



52

ARO FROZEN CHICKEN NUGGET

129000 1 kg/ pack
129001 10 pack/ carton



53

ARO FROZEN IMITATION CRAB

167124 1 kg/ pack
166760 10 pack/ carton



54

SAVEPAK IMITATION CRAB STICK

100124 1 kg/ pack
100126 10 pack/ carton



55

ARO FROZEN FISH TOFU

145010 1 kg/ pack
145036 10 pack/ carton



56

FARM BEST FROZEN CHICKEN POPCORN ORIGINAL

517564 500 g/ pack
517565 16 pack/ carton



57

FARM BEST FROZEN CHICKEN POPCORN HOT&SPICY

517567 500 g/ pack
517568 16 pack/ carton



58

FARM BEST FROZEN CHICKEN PATTIES

517582 600 g/ pack
517583 20 pack/ carton



59

ARO FROZEN CHICKEN MIDDLE WING

816698 1 kg/ pack
816699 10 pack/ carton



60

ARO NEW OLEANS CHICKEN WING

816700 1 kg/ pack
816701 10 pack/ carton



61

ARO FROZEN CHICKEN KARAAGE

854984 1 kg/ pack
854985 10 pack/ carton



62

ARO CHICKEN BITES 800G.

901259 800 g/ pack
901260 12 pack/ carton



63

BURMA BUTCHER FROZEN SMOKED BEEF SAUSAGE

516441 500 g/ pack
516468 10 pack/ carton



64

BURMA BUTCHER FROZEN SPICED BEEF SAUSAGE

516442 500 g/ pack
516470 10 pack/ carton



65

ARO FROZEN FISH ROE ORANGE

213325 500 g/ pack
213321 24 pack/ carton



66

ARO FROZEN SEASONED SEAWEED

160296 1 kg/ pack
160301 10 pack/ carton



67

ARO SEASONED JELLYFISH SALAD

845045 500 g/ pack
845046 24 pack/ carton



68

ARO FROZEN UDON NOODLE

225256 5 pcs/ pack
225255 8 pack/ carton



69

ARO FROZEN THIN RAMEN NOODLE 200GX5X1

806074 5 pcs/ pack
806075 8 pack/ carton



70

ARO FROZEN SEASONED MACKEREL FILLET

237715 550 g/ pack
237768 20 pack/ carton



71

ARO FROZEN TAKOYAKI

186917 1 kg/ pack
231904 10 pack/ carton

CHEESE & DAIRY



ANCHOR SHREDED MOZZA STRETCHY
416000 2 kg/pack
516850 6 packs/carton



ANCHOR CHEESE SLICE YELLOW
811277 1009 g/ pack



ANCHOR CHEEDA CHEESE
66534 250 g/ 12 slice/pack
66378 24 packs/carton



ANCHOR CHEESE SLICE PALE
811277 1009 g/pack
811278 10 packs/carton



ARLA SANDWICH SLICES ORI
418777 200 kg/pack
509619 24 packs/carton



ARLA PIZZATOPPING STICK
428010 2 kg/pack



HORECA PIZZATOPPING 2.2KG
827597 2,2kg /pack



DANISH BLUE 50+PORTION
218490 100 g/pack



GRAND'OR CAMEMBERT PORT 125G*1
433245 125 g/pack



10

HORECA MIX SHREDDED MOZZARELLA

868758 1 kg/ pack
868759 12 pack/ carton



11

HORECA SHREDDED YELLOW MOZZ

868761 1 kg/ pack
868762 12 pack/ carton



12

HPV MOZZARELLA LOAF FULLCREAM

401343 2 kg/ pack



13

HAPPY VALLEY MOZZARELLA LOAF

521052 2.5 kg/ pack
8 pack/ carton



14

HAPPY VALLEY SHREDDED MOZZARELLA

519779 200 g/ pack
519781 12 pack/ carton



15

HAPPY VALLEY IWS CHEESE SLICES

519782 200 g/ pack
519784 30 pack/ carton



16

HAPPY VALLEY BURGER SLICES

519785 1 kg/ pack
519787 12 pack/ carton



17

ANCHOR CHEDDAR CHEESE

142507 pack



18

FOODTECH NACHO CHEESE SAUCE

508847 0.5 kg/ pack



19

FOOD TECH YELLOW CHEESE SAUCE

510946 0.5 kg/ pack



20

FOOD TECH GRATED PARMESAN

516106 0.5 kg/ pack



21

FT SHREDDED PARMESAN

516110 0.3 kg/ pack



22

BEGA SUPER SLICES WHITE

506746 84 slice/ 1 kg/ pack



23

BEGA SUPER SLICES YELLOW

510516 84 slice/ 1 kg/ pack



24

NORTHBEACH SKIM MOZZARELLA

505991 2.72 kg/ pack



25

R.CMILD CHEDDAR CHEESE/W
506827 2.27 kg/ pack



26

ANCHOR UNSALTED BUTTER
144773 5 kg/ pack



27

ANCHOR EXTRA YIELD COOKING
191697 1 liter



28

ANCHOR WHIPPING CREAM
172748 1 liter



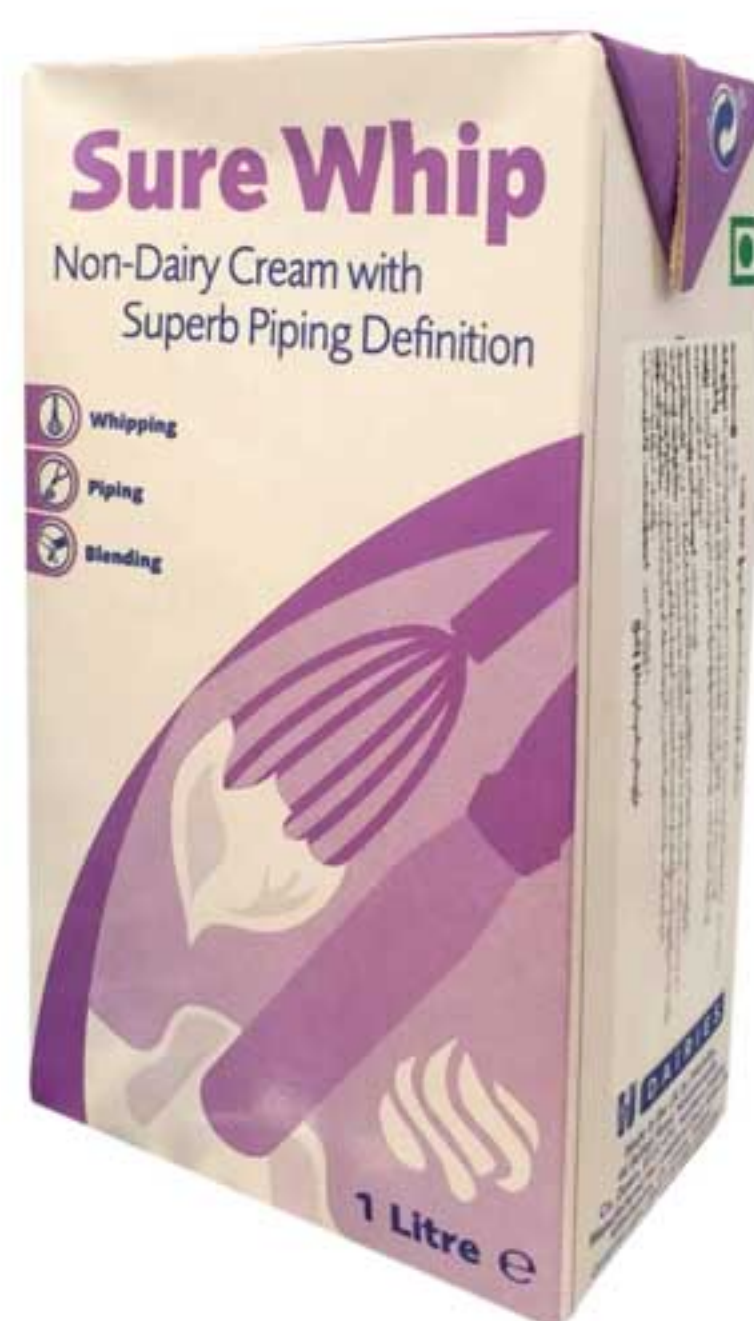
29

MILLAC GOLD CREAM
100367 1 liter



30

MILLAC COOKING CREAM
198940 1 lite



31

SURE WHIP NON DAIRY TOPPING
225361 1 liter



32

ROSELLE SUPREME AEROSOL
235693 250 g/ pack



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Township, Yangon.

Phone -09 770330003, Ext- 200-204